

HELP IS AVAILABLE

We offer both Outpatient and Telehealth Services.
Each client is offered:

- * Weekly One-on-One session
- * Group Counseling
- * Couple's Counseling
- * Psychiatric Assessment
- * Medication Monitoring

Upon discharge, each client in collaboration with their Clinician, is provided an aftercare plan to help ensure their success



MindWell
BEHAVIORAL HEALTH

GROW * HEAL * CHANGE

Mental Health Outpatient and
Telehealth Services

www.mindwellcare.com

Call Today
(609) 237-7100

or visit us online at
www.mindwellcare.com



MINDWELL
BEHAVIORAL HEALTH

1901 North Olden Ave. Suite 29
Ewing, NJ 08618
tel. (609) 237-7100
fax (609) 616-7904
info@mindwellcare.com

Our overall goal is to help you

Mindwell Behavioral Health is a mental health organization dedicated to improving the quality of life for individuals, couples and families living with a mental health diagnosis

Mission:

To provide quality mental health services that will empower individuals affected by a mental illness to reach their optimal quality of life

Vision:

To become the provider of choice for mental health services

About Us

At Mindwell Behavioral Health we build our services around the client and the community to:

- * **reduce isolation;**
- * **increase positive supports; and**
- * **improve the quality of life**

We work hard to provide the best care and support to each client in making healthy choices, stabilizing symptoms and reaching their full potential

Our Staff are the best in the field. We provide empathetic services, using evidence based treatment to empower clients



Mental Health Outpatient Program

Client treatment plans are individualized and tailored to the specific needs and goals of each client

Our therapists have extensive experience in the following areas

- * Anxiety
- * Anger Management
- * Depression
- * Trauma/PTSD
- * Mood Disorders
- * Personality Disorders
- * Addiction/Substance Abuse
- * Co-Occurring Disorders

We accept: Medicaid, Medicare, Most private Insurances as well as Self Pay on a sliding fee scale

Our office is open

Monday-Friday from 9:00am-7:00pm

Saturdays from 9:00am-1:00pm

Sunday - Closed

Appointments can be made conveniently online at www.mindwellcare.com

or by calling our office at
609-237-7100

