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A Healthy Approach

Our focus is on improving self-management and enhancing the individual and family approach to wellness. After referral, a Behavioral Health Home nurse and wellness educator becomes part of the Child Family Team. A health and wellness care plan is developed and integrated into the child's Individual Service Plan.



Scan QR Code to go to website



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info@capitolkids.org | www.capitolkids.org



info@mercerresourcenet.org | www.mercerresourcenet.org

Families with children in need of help are encouraged to visit www.MercerResourceNet.org. This free web tool provides an array of information about support, resources and services for families in Mercer County.

To access services, contact:

NJ Children's System of Care
(877) 652-7624



TRENTON MAKES

Engage.
Educate.
Empower.



BEHAVIORAL HEALTH HOME

HELPING CHILDREN WITH CO-OCCURRING MEDICAL
& BEHAVIORAL HEALTH CONDITIONS

MERCER COUNTY, NJ

Focusing on Chronic Medical Challenges for Our Youth

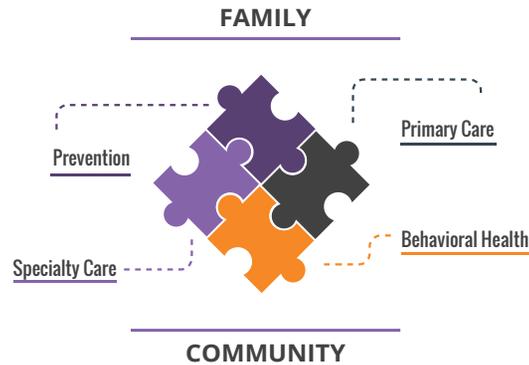
Through its Behavioral Health Home, the Capitol County Children's Collaborative has expanded its services to assist families with children and adolescents ages 5-21 having chronic medical conditions and facing mental health, intellectual/developmental and substance abuse challenges.

The Behavioral Health Home in conjunction with the Child Family Team provides service and planning related to a set of specific medical and physical health needs.

Families may receive assistance for their children with the following specific medical conditions, including but not limited to:

- ▶ Asthma
- ▶ Hypertension
- ▶ Diabetes Mellitus
- ▶ Cystic Fibrosis
- ▶ Kidney Disease
- ▶ Obesity
- ▶ Seizure Disorder
- ▶ Substance Use Disorder
- ▶ Sickle Cell Disease
- ▶ Eating Disorders
- ▶ Developmental Disabilities

A New Approach to Helping Children



Capitol County Children's Collaborative ensures that all Mercer County children have access to the full array of services available to them. We are part of a wrap around approach that dramatically reforms a previously fragmented system that required a child to be in crisis before their family could seek help.

We provide care management and service planning for children with complex needs striving to keep them in their communities, in school and out of trouble through an individualized service plan, flexible services and customized support.

Engage. Educate. Empower.

The Behavioral Health Home has the role to educate, encourage, and empower families to sustainably self-manage their family's health conditions.

The Behavioral Health Home includes the expertise of a Registered Nurse and a Health & Wellness Educator, who participate in an individualized plan of care to fully embrace the family's goals.

This plan is developed under guidance by the assigned Capitol County Children's Collaborative Care Manager.

“ Behavioral Health Home Services are a bridge that connects family and community to a host of general and specialized medical services. ”

