

OUR OUTPATIENT SERVICES:

Programs built to support you.

We provide the following Outpatient Services:

- Adult Psychiatric
- Adult Dual Diagnosis
- Adult Drug & Alcohol (12 Step IOP & Suboxone IOP)

Our Programs provide comprehensive treatment customized to suit your personal recovery needs. This includes group therapy, medication monitoring, psycho-education, family work, as well as coordination of care and referrals upon successful discharge.

Services are designed to help you develop the skills to help prevent relapse.

The Programs can accommodate work schedules, care for children and educational commitments etc.

Transportation is provided within a defined area.



SUMMIT OAKS HOSPITAL

Summit Oaks is one of the oldest psychiatric and chemical dependence centers in New Jersey.

Our facility includes a 122-bed hospital and an outpatient counseling center.

We provide quality care to children, adolescents and adults. We accept patients seeking help from all states.



Psychiatric & Substance Use Treatment Facility

Toll Free Hospital Number:
800-753-5223

24 Hour Admissions Number:
908-522-7071

For free personal confidential assessments
24 hours a day - 7 days a week



**CALL 908-522-7071
24 HOURS A DAY
7-DAYS A WEEK
FOR FREE PERSONAL
CONFIDENTIAL ASSESSMENTS
19 Prospect Street
Summit, NJ 07902
www.summitoakshospital.com**

ADULT INPATIENT SERVICES

- **Psychiatric Program**

If you are experiencing acute mental health problems, feel in crisis, and at risk of hurting yourself, we can help. We provide a safe environment with 24 hour clinical supervision to help and support you.

Throughout your treatment, we will be by your side as you begin your journey to wellness. We can help you find alternative coping skills with a variety of therapies all designed to assist you on your road to a healthier life.

- **Dual Diagnosis Program**

If you struggle with both acute psychiatric symptoms and substance use issues, we will provide a safe place to help stabilize both issues in a clinical setting. Our team will assist by helping you understand both issues, and managing your symptoms. We can provide you with the skills so you can make recovery a reality.

- **Drug & Alcohol Detoxification**

If you feel out of control with your substance use, we can help. We can provide you with a safe detox that will ease your discomfort and assist you towards a healthier lifestyle.

We provide a medically managed detox and supplement this with a range of therapies. This will be the start of learning new ways of coping and a new way of living.

- **Drug & Alcohol Rehabilitation (SHORT-TERM)**

You have been detoxed, now what? The next place to carry on the work of recovery is in our Rehabilitation Program. We will help develop what you have already learned, and will assist with additional coping skills, relapse prevention, relaxation skills and ways to manage in your recovery.

ADOLESCENT INPATIENT SERVICES

FOR AGES 13 TO 17 YEARS OLD

- **Psychiatric Program**

Our program helps Adolescents who are suffering from mental health problems, and are in crisis. We provide help to those at risk; needing 24 hour clinical supervision. Our program is designed to stabilize, support and provide hope.

Our goal is to provide a safe place where problems are identified, solutions are explored and skills are developed. We provide assistance in managing symptoms working towards recovery.

Many Adolescents who have mental health issues also struggle with substance use problems. Our staff will address both issues and provide treatment that forms the basis for long term recovery.



CHILDREN'S INPATIENT SERVICES

FOR AGES 5 TO 12 YEARS OLD

- **Psychiatric Program**

Our program is designed to evaluate and stabilize children with psychiatric disorders, emerging destructive behaviors and those who are in crisis and need help.

We provide a safe and consistent environment with 24 hour clinical supervision to meet the needs of children.

Our goal is to provide the care and support children need to manage emotional and behavioral problems in a safe and caring setting.



MOST MAJOR INSURANCES ACCEPTED

including Tricare®, Medicare, Medicaid (Under 21 & over 65). Please call us if you have any insurance questions.

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Hospital**