



Personal Development Program

Calling All Youth Ages 12 -17



Group topics: Anger Management, Life Skills, Self-Esteem, Anxiety, Active Listening, Values

Join us for these Session Groups!

Day: Thursday & Saturday

Time: 5pm – 6pm

Location: Anchor House Shelter 482 Centre Street, Trenton NJ 08611
or Via Zoom

(Transportation Can Be Provided)

RSVP: Call 609-396-8329