

HEAR WHAT PAST PATIENTS SAY...



I not only was able to treat my depression with state-of-the-art technology but I had someone to talk to and vent my feelings to every day during my treatment. I can honestly say I am walking away after 36 sessions with less depression, more optimism, and a renewed sense of self.

Paramus, TMS Patient



I am able to remember things, make connections that I thought were lost and most of all, I feel hopeful for the first time.

Cherry Hill, Spravato Patient



After meeting with the team I quickly settled into a wonderful routine and quickly felt cared for and supported through my journey. Definitely feel much better and proud of myself for taking that step.

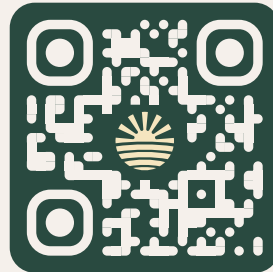
Northfield, TMS Patient



Oasis mental health centers changed my life. I always look forward to my treatment and can confidently say that out of all the medicines I've taken for depression all these years, Spravato is the best choice that I could have made for a second chance at a better life.

Princeton, Spravato patient

LEARN MORE
OASISMHCENTERS.COM



FIND OUT IF OUR TREATMENTS ARE RIGHT FOR YOU.

OASISMHCENTERS.COM

(848) 315-2504

*Real Patients & Testimonials, Actor Representation Photos

FIND RELIEF FROM DEPRESSION

Recovery is right within your reach



OASIS
MENTAL HEALTH CENTERS

BEGINNING YOUR PATIENT JOURNEY

SPRAVATO® & TMS Journey

NO COST CONSULT

Meet with a patient consultant in-person or via phone or video to learn about Oasis and start the insurance process.



FIRST APPOINTMENT

Visit with an Oasis provider to evaluate if our treatment options are right for you.



MEDICAL EVALUATION

Once an Oasis provider determines which treatment is right for you, you are ready to begin treatment.

If you are beginning SPRAVATO® your provider will select a start dose and dosing schedule.



WHY CHOOSE OASIS?



Clinically-proven effective treatment options



Safe & FDA-Cleared



Your own dedicated care team

TREATMENT JOURNEY

SPRAVATO® & TMS Journey



TMS TREATMENT

- Usually 20 minute sessions, depending on your tailored treatment protocol
- During treatment you can read, watch TV, or browse your phone
- TMS therapy requires no downtime. After each session, you can drive yourself home or back to work
- Patients typically feel an improvement within 3-4 weeks
- If you were referred by a provider, your TMS care team can regularly update them



SPRAVATO® SPRAY

- Before treatment, don't eat anything for two hours and don't have large amounts of fluids for 30 min.
- Arrive in the chair and relax, the spray is handed to you to self-administer
- Our care team will supervise you while you relax in our comfortable treatment rooms
- After treatment, it is important to make sure you have someone drive you home. You will be ready to resume your activity the next day with no restrictions
- Treatment usually begins with 2 treatments a week for 4 weeks, then 1 treatment a week for 4 weeks. After this, one of our providers will assess the best treatment cadence for you
- Many patients begin to feel improvement within two weeks

INSURANCE & AFFORDABILITY

TMS and SPRAVATO® are covered by all New Jersey insurances, including Medicare, Medicaid, & Tricare. We know dealing with insurance inquiries can be stressful and overwhelming. That's why your Oasis care team can work directly with your insurance company to handle paperwork and coverage inquiries, so that you can focus on getting better.

FREQUENTLY ASKED QUESTIONS



Who is SPRAVATO® for?

SPRAVATO® is FDA-approved for people with depression who have not experienced adequate improvement with antidepressant medications alone.

How is TMS different from other depression treatments?

TMS targets the area of the brain that is believed to regulate mood to treat depression at its neurological source.

TMS is a non-invasive, convenient in-office treatment with no downtime, with minimal side effects that typically subside immediately after a treatment session.

Do I need to go to a hospital for SPRAVATO®?

No. SPRAVATO® can be administered in any REMS (risk evaluation and mitigation system) certified center, such as an Oasis Clinic, to ensure you will be safely monitored.

Who should not receive TMS treatment or SPRAVATO®?

Oasis recommends calling to receive more info on whether or not treatment is right for you. Below are some of the common contraindications, but each patient journey is unique.

For TMS:

- Metal above the neckline, such as a metallic plate in skull or an aneurysm clip in your brain
- Brain tumors

For SPRAVATO®:

- Uncontrolled hypertension
- History of strokes or brain bleeds
- Abnormal blood vessels at risk of bleeding