



At Elevate & Evolve Wellness Center, we believe that everyone has the ability to lead a happy and fulfilling life. Our philosophy is rooted in the belief that mental and emotional well-being are integral to overall health, and that therapy is a powerful tool for achieving balance.



OUR APPROACH

Our team of experienced therapists uses a client-centered approach, working collaboratively with our clients to identify their goals and develop a customized treatment plan.



HOURS OF OPERATION:
MONDAY-FRIDAY
9AM-5PM

WWW.EEWELLNESSCENTER.COM

  **201-266-3859**

SERVICES

- ✓ INDIVIDUAL THERAPY
- ✓ BEHAVIORAL ASSISTANCE
- ✓ PARENT COACHING
- ✓ MENTORING
- ✓ BIO-PSYCHOSOCIAL ASSESSMENT EVALS

AREAS OF SPECIALITY:

- ✓ ANXIETY
- ✓ ADDICTION
- ✓ ANGER MANAGEMENT
- ✓ DEPRESSION
- ✓ GRIEF AND LOSS