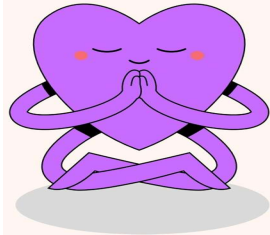


# July Group Schedule

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	<p>THE GIRLHOOD GROUP</p> <p>SATURDAYS</p> <p>10:00AM - 11:30AM, OR 12:00PM - 1:30PM</p> <p>JULY 12, 19, 26 &amp; AUGUST 2, 9, 16</p> <p>AGES 13-17</p>
6	7	8	9	10 <sup>th</sup> , 17 <sup>th</sup> , 24 <sup>th</sup> & 31 <sup>st</sup>	11	
13	14	15	Starting July 16 <sup>th</sup>	 <p>Mindfulness &amp; Meditation Group</p> <p>6 – 7 PM</p> <p>No experience Necessary Ages 18+</p>	18	
20	21	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <p>July 22<sup>nd</sup></p> <p><b>Creative Kids Social Group &amp; Parents Support Group</b></p> <p>6 – 7 PM</p> </div>	<p><b>Every Wednesday From 5 – 6 PM</b></p> <p><b>Grief and Loss Support Group</b></p>		25	
27	28					

**Ask your Clinician or anyone at the Front Desk for more information or to join a group**