



Here at Serenity's Princeton Junction location, we utilize a **patient-centered approach** that allows us to create individualized treatment plans for those who are suffering from **substance use disorders**. We have one goal in mind, and that's to foster **long-term sobriety** in every person who attends our program. The basis of our approach is to deliver personalized care by an expert team of addiction treatment professionals. Our outpatient program is designed to be convenient and allows patients to implement what they learn in treatment in their daily lives.

CLINICAL CARE

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Co-Ed Group Therapy
- Family Programming
- Early Intervention Groups (IDRC)
- Psychological Evaluation
- Individual Therapy
- Emotion Regulation Techniques
- Relapse Prevention Education
- Client Care Coordination
- Process Groups
- Dual Diagnosis
- Motivational Interviewing
- 12-Step Education

"I consider the staff here at Serenity at Summit my second family. The clinicians have truly helped me gain all of the tools I need to get through the hard obstacles of life, instead of using drugs."
- Kait A., a Serenity Princeton Junction graduate

855.712.5129

www.serenityatsummit.com

www.delphihealthgroup.com



* All Delphi facilities have achieved the Gold Seal of Approval® from The Joint Commission.