

# Group Music Sessions

With Jim Gaven of



**NJ Qualified Provider ID: PONJD008918**

Professional Musician and Director of Music Programming, Jim Gaven, has 7 years' experience in the human services field, creating and implementing successful music programs which cater to individual's specific needs (while keeping the group in mind) with and without developmental and/or physical disabilities across the state of NJ. Well versed on the guitar, piano, bass, ukulele, percussion, and vocals, group sessions are intended to be educational and fun for those participating.

## **Visible Benefits of Music Services to participating individuals:**

- 1) Establish, maintain, and build friendships/relationships, and social skills;
- 2) Teamwork through group rhythm and voice;
- 3) Build confidence in oneself amongst your peers;
- 4) Increase body awareness and overall awareness of surroundings;
- 5) Learn fundamental music concepts related to rhythm, voice, and sign language;
- 6) Tap into short-term and long-term memory banks through every day conversations and songs;
- 7) Decrease behaviors as well as anxiety (general and performance);
- 8) Improve mental well-being and overall quality of life.

Activities include but are not limited to: vocal warm-ups, sing-a-long songs pertaining to each month or major holiday, application of percussive terms and concepts, a cappella singing with sign language, group brainstorm for writing songs.

## **Rates (in 15 minute increments per group size from 30-60 minute sessions):**

30 minutes (group size 4-8 individuals)=\$50  
30 minutes (group size 8-15 individuals)=\$65  
30 minutes (group size 15 individuals and above)=\$75

45 minutes (group size 4-8 individuals)=\$75  
45 minutes (group size 8-15 individuals)=\$90  
45 minutes (group size 15 individuals and above)=\$100

60 minutes (group size 4-8 individuals)=\$100  
60 minutes (group size 8-15 individuals)=\$115  
60 minutes (group size 15 individuals and above)=\$125

*\*Rate does not include travel\*. Generally, travel within 30 minutes of Hamilton, NJ is \$10 extra, and anything between 30 and 60 minutes is \$25 extra.\**

**Jim Gaven, Founder/CEO Phone: (609) 558-7837 Email: [jim.gaven@gmail.com](mailto:jim.gaven@gmail.com)**