



OUR MISSION

Shaping Lives takes a strength based approach to optimizing individual's overall health and wellness including mind, body, and spirit.



SHAPING LIVES HEALTH AND WELLNESS, LLC PROVIDES INDIVIDUAL FAMILY, AND COUPLES THERAPY TO INDIVIDUALS AND FAMILIES IN THEIR HOMES OR COMMUNITY CHILDREN ARE REFERRED TO SHAPING LIVES DIRECTLY FROM THE DIVISION OF CHILDREN AND FAMILIES OF NEW JERSEY THROUGH THE CHILDREN'S SYSTEM OF CARE

CLINICIANS SPECIALIZE IN THE TREATMENT OF:
AUTISM SPECTRUM DISORDERS
DEVELOPMENTAL DISABILITIES
EATING DISORDERS
SEVERE TRAUMA
SEXUALIZED BEHAVIORS
SUBSTANCE USE
SUICIDALITY



Shaping Lives Health and Wellness, LLC

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SHAPING LIVES SERVICES THE FOLLOWING COUNTIES:

- *Hunterdon
- *Middlesex
- *Somerset
- *Warren

We provide Biopsychosocial Needs Assessments state-wide

Flexible hours -weekends, days, evenings-to meet the needs of you and your family

Shaping Lives Health and Wellness, LLC is an nonprofit agency dedicated to providing intensive in home therapeutic services to children and their families throughout New Jersey at home and in the community.

We foster and enrich the lives of people with serve by promoting their greater independence with dignity, respect and understanding.

The youth and families served benefit from a highly trained staff that provide an intense level of treatment in a community based setting. Our staff have over 15 years of experience working with youth who have mental health and behavioral health issues. Our goal is to give each youth individualized care to reach his/her goals to prepare for successful future.

The clinical team works in collaboration with Parents, Guardians, Educational Staff, and Community Providers to ensure that each youth receives the care that is needed. With a richly qualified team, each youth receives individual therapeutic services to address all presenting issues to ensure that each youth achieves his/her goals. Clinicians are experience in the treatment of youth with aggression, Autism Spectrum Disorders, developmental disabilities, eating disorders, impulsive control severe trauma, sexualized behaviors and substance use,

Each youth will receive comprehensive assessments from all clinical members of the treatment team. These assessments formulate the treatment goals and course of treatment for the youth.

We are committed to providing each youth and each family with the highest level of care. Our goal is to provide tools and support for families to strive in the future.



IMPORTANT LINKS AND INFORMATION

[HTTP://WWW.STATE.NJ.US/DCF/](http://www.state.nj.us/dcf/)

[WWW.PERFORMCARENJ.ORG](http://www.performcarenj.org)

We provide therapeutic services in-home and in the community.

We accept all major insurance carriers. We can provide a sliding scale for self-paying families based on income.