

Do You Know Children Who Struggle With?

- **Depression** (Grief/Loss, suicidal thoughts, self harm)
- **Anxiety?** (Stress)
- **Trauma?** (Abuse/neglect, removed from home)
- **Psychosis** (delusions, hallucinations)
- **Behavioral Challenges?** (Truancy, runaway, defiance, fire setting)
- **Anger?** (Homicidal thoughts, physical/verbal aggression)
- **Social Skills?** (Negative peer interaction, poor boundaries, bullying)

Through New Jersey's Child Behavioral Health Services, families can achieve better outcomes. With the help of services, children are more likely to:

- Remain in their community.
- Receive crisis stabilization in their communities.
- Receive individualized care planning and support with their families.
- Do better in school.
- Prevent placement in more intensive care.

Who can call for assistance for your youth?

Family member, teacher, counselor, doctor, clergy can call as long as there is a parent/legal guardian present.

What can you expect when you call?

You will be connected to a licensed clinician who will ask a series of questions to address your needs/concerns. Clinician will determine the appropriate services available to the youth/family.

**Toll-Free Access Line:
PerformCareNJ, CSA**

1-877-652-7624

(Multi-lingual Language Line available)

24 hours-a-day, 7 days a week